



### **Interested in being a Trustee with Braid Health & Wellbeing?**

We are looking for individuals to join our Board of Trustees. Our volunteer Board of Trustee-Directors play an integral role in helping to shape and deliver activities at Braid Health & Wellbeing. You do not need to have a background in volunteering, health or social care to help us. The most important things we look for are a genuine interest in people and supporting those progressing through the ageing process.

### **About you**

Common sense, willingness to give your time and ideas, along with commitment to work as part of a team are most important. Other skills or experiences such as Marketing or a background in Social Care are welcome, but not essential.

### **About us**

Braid Health & Wellbeing serves to provide compassionate, individualised, supportive care services for older people living in Livingston and West Lothian.

### **Outline of key responsibilities**

As a Trustee of a Charity, you are required, along with your fellow Trustees to:

- Act in the interest of the charity: trustees should put the interests of their charity before their own interests or those of any other person or organisation.
- Actively contribute to setting policy and strategic direction, defining goals, setting targets and evaluating performance.
- Actively seek to further the strategic objectives of Braid Health & Wellbeing and acting in the best interests of the organisation at all times.
- Operate in a manner consistent with the charity's purposes: trustees should carry out their duties in accordance with their governing document.
- Act with due care and diligence: trustees should take such care of their charity's affairs as is reasonable to expect of someone who is managing the affairs of another person.
- Ensure that the Charity complies with legislation that impacts on Charities.
- Support the development of the organisation through participation in agreed work including our sub-committees

### **What we are looking for**

- Commitment to the aims, principles and policies of Braid Health & Wellbeing.
- Willingness and ability to understand and accept your responsibilities and liabilities as a Trustee and to act in the best interests of the organisation.

- Ability to think creatively and strategically, exercise good, independent judgement and work effectively as a board member.
- Effective communication skills and willingness to participate actively in discussions.

### **Time commitment**

Around 4 hours per month, though this may vary. We have Board meetings every month. In return for your time, energies, skills and enthusiasm we will offer training where needed and an opportunity to work alongside other likeminded individuals.

### **Want to find out more?**

Give our Chair Ronnie Barnes a call on 07703049131 or email [Ronnie\\_Barnes@sky.com](mailto:Ronnie_Barnes@sky.com)

Ronnie Barnes,  
Chair  
Braid Health & Wellbeing

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